

FRESH TWIST

Juice Bar & Eatery

436 Main Street, Metuchen, NJ 08840 · 732.318.6281

DRINKS & WELLNESS MENU

Smoothies

16oz \$9.00 / 20oz \$10.00 · Make any smoothie a protein shake +\$1.75 · Vegan +\$3.00

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| 1. Oats 'n Butter
Banana, granola, almond milk, chocolate protein, peanut butter, almond milk | 16oz \$9.00 / 20oz \$10.00 |
| 2. Energy Booster
Banana, peanut butter, flax seed, chocolate protein, almonds, almond milk | 16oz \$9.00 / 20oz \$10.00 |
| 3. Berry Base Purifier
Banana, strawberries, blueberries, raspberries, blackberries, almond milk, vanilla protein, flax seed | 16oz \$9.00 / 20oz \$10.00 |
| 4. Super Power
Banana, acai, blueberries, almond milk, vanilla protein | 16oz \$9.00 / 20oz \$10.00 |
| 5. Power Green
Banana, kale, spinach, pineapple, strawberries, almond butter, oat milk | 16oz \$9.00 / 20oz \$10.00 |
| 6. Spinach
Banana, spinach, kiwi, almond milk, honey | 16oz \$9.00 / 20oz \$10.00 |
| 7. Banana Breakfast
Banana, walnuts, oat milk, honey, cinnamon, nutmeg | 16oz \$9.00 / 20oz \$10.00 |
| 8. Benefit
Banana, strawberries, mango, vanilla protein powder, chia powder, honey | 16oz \$9.00 / 20oz \$10.00 |
| 9. Mango-Ginger-Strawberry
Mango, strawberries, ginger, honey | 16oz \$9.00 / 20oz \$10.00 |
| 10. Peanut Butter Berry
Banana, raspberries, peanut butter, low fat milk | 16oz \$9.00 / 20oz \$10.00 |
| 11. Berries 'n Beets
Blueberries, raspberries, beets, orange juice, honey | 16oz \$9.00 / 20oz \$10.00 |
| 12. Berry Banana
Old fashion oats, orange juice, banana, strawberries, honey | 16oz \$9.00 / 20oz \$10.00 |
| 13. Spiced Banana Almond
Banana, almond milk, almond butter, honey, nutmeg | 16oz \$9.00 / 20oz \$10.00 |
| 14. Sunshine
Lime juice, mango, pineapple, orange, cantaloupe, honey | 16oz \$9.00 / 20oz \$10.00 |
| 15. Orange Banana Pineapple Frappe
Banana, orange sections, pineapple, coconut flakes, orange juice, pineapple juice | 16oz \$9.00 / 20oz \$10.00 |
| 16. Hot Pink
Raspberries, strawberries, orange juice, honey | 16oz \$9.00 / 20oz \$10.00 |
| 17. Chocolate Almond
Banana, chocolate protein powder, cocoa powder, almond butter, almond milk | 16oz \$9.00 / 20oz \$10.00 |
| 18. Sweet Nutty Banana
Banana, almond milk, peanut butter, nuts, brown sugar | 16oz \$9.00 / 20oz \$10.00 |
| 19. Jacoby
Banana, Nutella, oat milk | 16oz \$9.00 / 20oz \$10.00 |
| 20. Le Milan
Mixed berries, honey, oat milk | 16oz \$9.00 / 20oz \$10.00 |

21. Coffee Banana, blueberries, almond butter, coffee, splash of almond milk	16oz \$9.00 / 20oz \$10.00
22. Peanut Butter 'n Jelly Banana, peanut butter, grape jelly, almond milk	16oz \$9.00 / 20oz \$10.00
23. Peaches & Cream Peaches, oats, OJ, oat milk	16oz \$9.00 / 20oz \$10.00
24. Create Your Own Choose up to 4 items	16oz \$9.00 / 20oz \$10.00

Tummy Smoothies

16oz \$9.00 / 20oz \$10.00

1. Immunity Builder Mango, cantaloupe, pineapple, almond butter, almond milk, vanilla protein	16oz \$9.00 / 20oz \$10.00
2. Tropical Green Mango, kiwi, spinach, honey	16oz \$9.00 / 20oz \$10.00
3. Green Coconut Banana, spinach, coconut milk, coconut flake, honey	16oz \$9.00 / 20oz \$10.00

Greek Yogurt Bowls

\$11.00 · Add Nutella to any bowl +\$1.25

Berry-Banana Bowl Blueberries, banana, strawberries, chia seeds, homemade granola, w/honey or agave	\$11.00
Crunchy Nutty Bowl Peanut butter, banana, honey, homemade granola, graham cracker crumbs	\$11.00

Fresh Juices

16oz \$9.00 / 20oz \$10.00

Carrots 'n Orange	16oz \$9.00 / 20oz \$10.00
Carrots, Apple 'n Beets	16oz \$9.00 / 20oz \$10.00
Carrots, Orange 'n Beets	16oz \$9.00 / 20oz \$10.00
Beets 'n Orange	16oz \$9.00 / 20oz \$10.00
Fresh Orange Juice	16oz \$9.00 / 20oz \$10.00
Eye Opener Carrot juice, celery, tomato, lime juice, pinch of salt, pinch of black ground pepper	16oz \$9.00 / 20oz \$10.00
Weight Loss Orange juice, cucumber, pineapple, celery	16oz \$9.00 / 20oz \$10.00
Create Your Own Choose up to 4 items	16oz \$9.00 / 20oz \$10.00

Housemade Juices

Morir-Soñando Evaporated milk, orange juice, sugar	16oz \$9.00 / 20oz \$10.00
Passion Fruit	16oz \$6.75 / 20oz \$7.75
The Hulk — Ultimate Green Juice Green apple, pineapple, cucumber, celery, lime juice, ginger, kale, spinach	16oz — / 20oz \$11.00

Latin Style Milk Shakes

16oz \$9.00 / 20oz \$10.00 · Evaporated milk, sugar

Banana	16oz \$9.00 / 20oz \$10.00
Banana & Strawberry	16oz \$9.00 / 20oz \$10.00
Mango	16oz \$9.00 / 20oz \$10.00
Strawberry	16oz \$9.00 / 20oz \$10.00

Ammade Lemonades

16oz \$6.75

Old Fashioned Lemonade	\$6.75
Strawberry Lemonade	\$6.75
Blueberry Lemonade	\$6.75
Ginger Lemonade	\$6.75
Grilled Lemonade	\$6.75

Beverages

Lemon & Mint Iced Tea Homemade iced tea w/mint leaves, fresh squeezed lemon juice, w/honey or agave. Add ginger +\$1	\$5.00 / \$6.00
Bottled Water	\$1.75
Perrier Sparkling Water	\$2.75
Coffee or Tea 8oz \$2.25	\$3.25
Iced Coffee or Iced Tea	\$3.25 / \$4.00

Wellness Add-Ins

Tablespoon powder — \$1.50 each (Chlorella & Wheat Grass \$2.25, Garcinia Cambogia \$2.25)

Chlorella Cleanses and detoxifies for easy nutrient absorption, supports weight loss, anti-aging effects, boosts immune system	\$2.25
Wheat Grass Powder Aids the body in getting rid of impurities and stored toxins	\$2.25
Activated Charcoal Removal of toxins, assist with filtering of the kidneys, detoxifying	\$1.50
Chia Seeds Provides fiber, iron and calcium, protects against heart stroke	\$1.50
Flax Seed Contains protein, fatty acid omega-3, lowers risk of diabetes, heart disease and cancer	\$1.50
Moringa Supports immune system, detoxifies	\$1.50
Ginko Enhances memory, improves concentration, reduces anxiety, improves blood flow	\$1.50
Spirulina Nine essentials, amino acids, iron, calcium, antioxidant	\$1.50
Garcinia Cambogia Wards off depression, encourages weight loss	\$2.25

2oz Remedy Shots

\$4.25 each

Ginger, Lime Juice	\$4.25
Ginger, Lime Juice, Turmeric	\$4.25
Ginger, Lemon, Cayenne Pepper	\$4.25

3-DAY CLEANSE — \$195	Relieve stress, jump start your fitness, clear your skin & shed a few pounds fast & effectively in just 3 days. Inquire for details.
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Consuming undercooked meat, poultry, eggs or seafood may increase the risk of foodborne illness.